



Partnership Overview

A free recovery resource from Stepwise Recovery

Free to download, print and share



Partnership Overview

Working with Stepwise Recovery

Stepwise Recovery is an independent UK publisher of structured, substance-specific recovery guides built on the Six-Lens Framework. This overview explains how treatment services, commissioners, and professional partners can work with us.

Who we are

Stepwise Recovery Ltd publishes practical recovery literature that bridges traditional Twelve Step wisdom and modern clinical understanding — CBT, mindfulness, trauma-informed practice, and harm reduction — while remaining fellowship-neutral and non-clinical. Our guides are written for the people services actually see: specific substances, modern circumstances, plain language.

What we publish

- The Ketamine Edition — a structured recovery guide for ketamine addiction, one of the first of its kind in the UK
- The Cocaine Edition — the full Stepwise programme applied to cocaine recovery
- The Family Edition — for the family around the addiction: understanding, boundaries, and self-care
- Foundations — a concise entry point: what addiction is and how recovery works
- The Children's Companion — a full-colour companion helping children understand a loved one's addiction

Every print purchase includes the digital edition at no extra cost. All titles carry ISBNs and are available for trade and service ordering.

How services use the guides

- Adjunct literature in structured treatment — chapters as session material and between-session reading
- Substance-specific engagement where generic literature loses people

- Family work using the Family Edition and Children's Companion together
- Group programmes built around the Six-Lens Framework
- Aftercare and recovery-community settings

Our Using the Guides in Treatment Settings and Group Facilitation Materials resources — free from the resources section of our website — give keyworkers and facilitators ready-to-use session structures.

Service pricing and bulk orders

Services and commissioners buying stock for their own delivery receive trade terms with volume discounts, ordering by purchase order with invoicing on 30-day terms. UK delivery is included on service orders of 25 copies or more, and titles can be mixed freely across an order. Contact us for a same-working-day quote.

Pay It Forward

Our Pay It Forward scheme lets donors fund copies for people who could not otherwise afford them, with volume pricing so gifts go further. Services can register to receive gifted copies for their service users at no cost — and for every ten books we sell, we gift one ourselves.

Working together

- Treatment centre pilots — structured trials with engagement feedback
- Professional webinars and training on using the guides and the Six-Lens Framework
- Research collaboration on recovery literature outcomes
- Press and expert comment on recovery, addiction trends, and recovery literature

Start any of these conversations at stepwiserecovery.com/partnership, or email us through the contact page. We respond to professional enquiries within one working day.

Keep going — you're not alone

This resource is one of a full library of free tools, worksheets and reading at stepwiserecovery.com/resources — take what helps and leave the rest. These tools are designed to sit alongside fellowship programmes, meetings and sponsorship — never to replace them.

The Stepwise Recovery Guides

Substance-specific recovery guides written by people who've recovered — for cocaine, ketamine, families, young people, and children. Free preview chapters, no email required, at stepwiserecovery.com/guides

Our 1-in-10 Pledge

For every ten guides sold, we donate one to someone who can't afford it — through treatment centres and prison recovery programmes.

Need help right now?

Samaritans: 116 123 (free, 24 hours) · FRANK: 0300 123 6600

Narcotics Anonymous UK: 0300 999 1212 · SHOUT: text 85258

Childline (under 19s): 0800 1111 · Nacoda: 0800 358 3456